

May 2021

Kickboxing Classes

Upcoming Events / Announcements

* The 6:00am class is by reservation only. *

No evening class on May 21st.

Closed for Memorial Day on 05/28 & 05/31.

MON					SAT	SUN
TUE	WED	THU	FRI			
3	4	5	6	7	8	9
6:00am*	6:00am*	6:00am*	6:00am*	6:00am*		
8:30am	8:30am	8:30am	8:30am	8:30am		
12:15pm	12:15pm	12:15pm	12:15pm	12:15pm		
5:00pm	5:00pm	5:00pm	5:00pm	5:30pm		
6:00pm	6:00pm	6:00pm	6:00pm			
10	11	12	13	14	15	16
6:00am*	6:00am*	6:00am*	6:00am*	6:00am*	Kids Self Defense Class 9:00am	
8:30am	8:30am	8:30am	8:30am	8:30am		
12:15pm	12:15pm	12:15pm	12:15pm	12:15pm		
5:00pm	5:00pm	5:00pm	5:00pm	5:30pm		
6:00pm	6:00pm	6:00pm	6:00pm			
17	18	19	20	21	22	23
6:00am*	6:00am*	6:00am*	6:00am*	6:00am*		
8:30am	8:30am	8:30am	8:30am	8:30am		
12:15pm	12:15pm	12:15pm	12:15pm	12:15pm		
5:00pm	5:00pm	5:00pm	5:00pm			
6:00pm	6:00pm	6:00pm	6:00pm			
24	25	26	27	28	29	30
6:00am*	6:00am*	6:00am*	6:00am*	Closed for Holiday		
8:30am	8:30am	8:30am	8:30am			
12:15pm	12:15pm	12:15pm	12:15pm			
5:00pm	5:00pm	5:00pm	5:00pm			
6:00pm	6:00pm	6:00pm	6:00pm			
31						
Closed for Holiday						